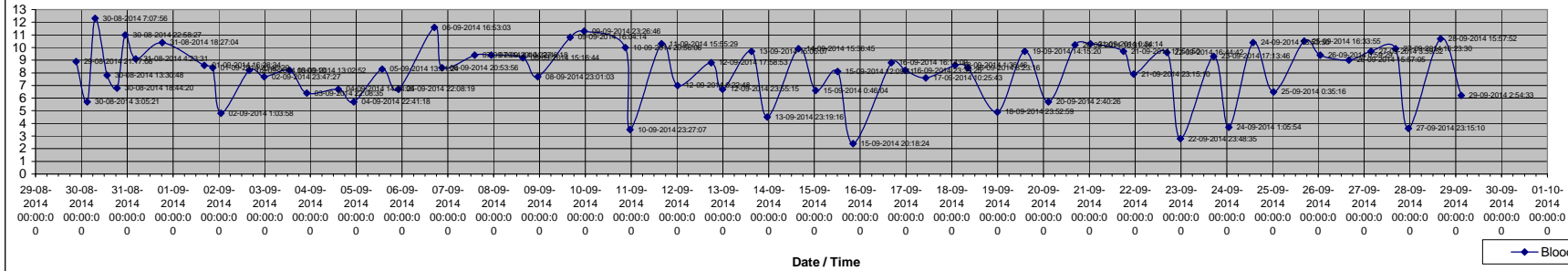


Rods Blood Glucose Levels



Blood Glucose Level Log

#	Reference	Date Time	Description	Requested By	Product/Service Type	BG Level
1	1730	29-08-2014 21:17	Got up 3:30pm - Skipped Breakfast,, Evening Meal 6:45pm - Roast beef Roll & Canned Tomato Soup	Rodney Sheppard - Personal	Personal Data Log	8.9
2	1730	30-08-2014 3:05	Snow ball aprox. 4 hours before	Rodney Sheppard - Personal	Personal Data Log	5.7
3	1730	30-08-2014 7:07	Roast beef Roll at 5:00am	Rodney Sheppard - Personal	Personal Data Log	12.3
4	1730	30-08-2014 13:30	Got up 2:05pm test before breakfast; 2 x Toast with Marg	Rodney Sheppard - Personal	Personal Data Log	7.8
5	1730	30-08-2014 18:44	Just before dinner - Peperonni pizza with anchovie	Rodney Sheppard - Personal	Personal Data Log	6.8
6	1730	30-08-2014 22:58	Just before taking Glyade	Rodney Sheppard - Personal	Personal Data Log	11
7	1730	31-08-2014 4:23	aprox. 3 hours after Savoy bisc. snack	Rodney Sheppard - Personal	Personal Data Log	9.1
8	1730	31-08-2014 18:27	Got up 7:00pm; level taken before eating; had left over pizza & snow ball	Rodney Sheppard - Personal	Personal Data Log	10.4
9	1730	01-09-2014 16:28	Got up 5:00pm	Rodney Sheppard - Personal	Personal Data Log	8.6
10	1730	01-09-2014 20:46	a couple of hours after evening meal; beef rending with rice; and a snowball	Rodney Sheppard - Personal	Personal Data Log	8.4
11	1730	02-09-2014 1:03	just before a roast beef roll and a carrot	Rodney Sheppard - Personal	Personal Data Log	4.8
12	1730	02-09-2014 16:00	got up 4:40pm	Rodney Sheppard - Personal	Personal Data Log	8.2
13	1730	02-09-2014 23:47	approx. 4 hr after dinner; sesame prawn toast and 6 steamed dim sims.	Rodney Sheppard - Personal	Personal Data Log	7.7
14	1730	03-09-2014 13:02	got up 1:15pm; skipped breakfast	Rodney Sheppard - Personal	Personal Data Log	8.2
15	1730	03-09-2014 22:08	a few hours after dinner; ham stake and pineapple; with chips and half chicken stick	Rodney Sheppard - Personal	Personal Data Log	6.4
16	1730	04-09-2014 14:34	Got up 3:15pm	Rodney Sheppard - Personal	Personal Data Log	6.7
17	1730	04-09-2014 22:41	4 hours after dinner; curry laska seafood noodles and fried wonton	Rodney Sheppard - Personal	Personal Data Log	5.7
18	1730	05-09-2014 13:31	got up 2:15pm	Rodney Sheppard - Personal	Personal Data Log	8.3
19	1730	05-09-2014 22:08	approx. 3.5 hours after dinner; 3 hot dogs	Rodney Sheppard - Personal	Personal Data Log	6.7
20	1730	06-09-2014 16:53	Got up 4:30pm; skipped breakfast	Rodney Sheppard - Personal	Personal Data Log	11.6
21	1730	06-09-2014 20:53	approx. 2 hrs after dinner; hamburger; fish onion rings; sav in batter	Rodney Sheppard - Personal	Personal Data Log	8.4
22	1730	07-09-2014 14:04	got up 3pm	Rodney Sheppard - Personal	Personal Data Log	9.4
23	1730	07-09-2014 22:46	3 hours after dinner; Mexican fathers day	Rodney Sheppard - Personal	Personal Data Log	9.4
24	1730	08-09-2014 15:16	*** New Uncalibrated strips read 10.9 at same tame; just as a comparison ***; got up 4pm	Rodney Sheppard - Personal	Personal Data Log	9.2
25	1730	08-09-2014 23:01	apparax 4.5 hours after dinner; tomato soup and ciabatta vread	Rodney Sheppard - Personal	Personal Data Log	7.7
26	1730	09-09-2014 16:04	got up 4:00 pm	Rodney Sheppard - Personal	Personal Data Log	10.8
27	1730	09-09-2014 23:26	approx. 4 hr after dinner; sesame prawn toast; and potato gems. licorice sack	Rodney Sheppard - Personal	Personal Data Log	11.3
28	1730	10-09-2014 20:56	approx. 2 hr after dinner chicken snitzel	Rodney Sheppard - Personal	Personal Data Log	10
29	1730	10-09-2014 23:27		Rodney Sheppard - Personal	Personal Data Log	3.5
30	1730	11-09-2014 15:55	got up 5pm	Rodney Sheppard - Personal	Personal Data Log	10.3
31	1730	12-09-2014 0:22	dinner 8pm; ham stake pinaple; chips	Rodney Sheppard - Personal	Personal Data Log	7
32	1730	12-09-2014 17:58	got up 7pm	Rodney Sheppard - Personal	Personal Data Log	8.8
33	1730	12-09-2014 23:55	approx. 5 hours after dinner; Lamb curry; and a snow ball; licorice stick	Rodney Sheppard - Personal	Personal Data Log	6.7

34	1730	13-09-2014 15:05	go up 4pm	Rodney Sheppard - Personal	Personal Data Log	9.7
35	1730	13-09-2014 23:19	5 hours after dinner; fish and chips; sav in batter; onion rings	Rodney Sheppard - Personal	Personal Data Log	4.5
36	1730	14-09-2014 15:36	got up 5pm	Rodney Sheppard - Personal	Personal Data Log	9.9
37	1730	15-09-2014 0:46	dinner approx. 7:30pm meat balls and noodles	Rodney Sheppard - Personal	Personal Data Log	6.6
38	1730	15-09-2014 12:09	got up 1pm	Rodney Sheppard - Personal	Personal Data Log	8.1
39	1730	15-09-2014 20:18	approx. 3.5 hr after dinner - roast beef roll; sesame prawn toast - neede sugar fix	Rodney Sheppard - Personal	Personal Data Log	2.4
40	1730	16-09-2014 16:14	got up 5pm	Rodney Sheppard - Personal	Personal Data Log	8.8
41	1730	16-09-2014 23:39	dinner 7pm chilli Con Carne	Rodney Sheppard - Personal	Personal Data Log	8.2
42	1730	17-09-2014 10:25	Got Up 11:00am	Rodney Sheppard - Personal	Personal Data Log	7.6
43	1730	18-09-2014 1:36	dinner 6pm; beef stew	Rodney Sheppard - Personal	Personal Data Log	8.6
44	1730	18-09-2014 8:23	got up 9:30 am	Rodney Sheppard - Personal	Personal Data Log	8.4
45	1730	18-09-2014 23:52	dinner approx. 7:00pm curry laska seafood noodles; and fried won ton	Rodney Sheppard - Personal	Personal Data Log	4.9
46	1730	19-09-2014 14:15	go up 3pm	Rodney Sheppard - Personal	Personal Data Log	9.7
47	1730	20-09-2014 2:40	Dinner 7pm hamburger; fish onion rings; and sav in batter	Rodney Sheppard - Personal	Personal Data Log	5.7
48	1730	20-09-2014 16:31	got up 5:45pm	Rodney Sheppard - Personal	Personal Data Log	10.2
49	1730	21-09-2014 0:34	dinner 7pm lamb curry; ice cream magnum 1:30am	Rodney Sheppard - Personal	Personal Data Log	10.3
50	1730	21-09-2014 17:51	got up 7pm	Rodney Sheppard - Personal	Personal Data Log	9.7
51	1730	21-09-2014 23:15	dinner 8pm; chinese Singapore noodle; pork in plun sauce and onion; satay beef skewers	Rodney Sheppard - Personal	Personal Data Log	7.9
52	1730	22-09-2014 16:44	got up 3:30pm; skipped breakfast	Rodney Sheppard - Personal	Personal Data Log	9.6
53	1730	22-09-2014 23:48	dinner 6:45pm; left over chinese; nedded sugar fix	Rodney Sheppard - Personal	Personal Data Log	2.8
54	1730	23-09-2014 17:13	got up 3:45pm skipped breakfast	Rodney Sheppard - Personal	Personal Data Log	9.3
55	1730	24-09-2014 1:05	dinner 7pm sesame prawn tost; potato curry	Rodney Sheppard - Personal	Personal Data Log	3.7
56	1730	24-09-2014 13:53	got up 1:45pm	Rodney Sheppard - Personal	Personal Data Log	10.4
57	1730	25-09-2014 0:35	dinner 7:45 pm peperoni pizza	Rodney Sheppard - Personal	Personal Data Log	6.5
58	1730	25-09-2014 16:33	got up 3ppm; skip breakfast	Rodney Sheppard - Personal	Personal Data Log	10.5
59	1730	26-09-2014 0:59	dinner 7:30pm; left over pizza	Rodney Sheppard - Personal	Personal Data Log	9.4
60	1730	26-09-2014 15:57	got up 5pm	Rodney Sheppard - Personal	Personal Data Log	9
61	1730	27-09-2014 3:39	dinner 8pm; lamp curry; cake treat	Rodney Sheppard - Personal	Personal Data Log	9.7
62	1730	27-09-2014 16:23	got up 5:15pm	Rodney Sheppard - Personal	Personal Data Log	9.9
63	1730	27-09-2014 23:15	neede sugar fix; dinner 7pm fish and chips	Rodney Sheppard - Personal	Personal Data Log	3.6
64	1730	28-09-2014 15:57	got up 5:15pm	Rodney Sheppard - Personal	Personal Data Log	10.7
65	1730	29-09-2014 2:54	dinner 7:30pm tomato soup; ciabata bread; roast beef roll	Rodney Sheppard - Personal	Personal Data Log	6.2